

PJC PER 4.02.12

WORKING AT HEIGHTS PERMIT

Reviewed \Box Actioned \Box Approved for Filing \Box

PERMIT CRITERIA

This Permit is to be completed for all work at heights when working in fall arrest or when using restraint lanyards longer than 2 metres or Elevating Work Platform (EWP) or Man Lift Box (MLB) work is performed. In addition crane work with MLB (Man Lift Box) will require both this Permit and the Complex Lifting Permit to be used jointly.

Persons who carry out work under this Permit must be trained and assessed as competent to Work Safely at Heights (MNMG237A or an equivalent).

SECTION 4 -- WORK CHECKLIST (To be Completed by Permit Holder and Initialled by the Permit Issuer)

ALL QUESTIONS MUST BE ANSWERED	\checkmark	YES	NO	N/A	INIT
1. Fall Restraint					
Are fall restraint lanyards to be used, at least 0.5 metres shorter than the distance point to the closest unprotected edge in all the work area/s?	ce from the anchor				
2. Fall Restraint Lanyard calculation	Anchor				
When using restraint lanyards on an unprotected edge, the work party will have the adjusted length of the lanyards maintained such that the maximum lanyard length in use controls the clearance from the edge to 0.5 Meters distance or greater at all times?					
The following will assist in determining what the maximum adjusted length can be.					
a) = Distance to closest unprotected					
edge from the anchor point:= - (minus)					
b) = Clearance from edge (min):= 0.5 metres	a				
c) = Max Lanyard Adjustment Length		Edge			
will be = metres					
3. Fall Arrest Manning					
Has the mandatory standby person been nominated and does he understand his functions / responsibilities with regards to this permit? (Refer section 4a Stand By Acknowledgement)					
4. Complete this Fall Arresting Deployed Distance calculation,	8				
The fall arresting distance calculation is to be applied covering the total time the user will working in fall arrest.	a				
a) = Max Fixed Length of the lanyard: =+	_ 〈 Ť_				
b) = Length of deployed energy absorber: =+	f ∫ , ↓ [□]				
c) = Height of person: =+	C C				
d) = Mandatory Residual clearance: = <u>1</u> metre					
e) = Minimum fall arresting distance requiredMetres					
f) = Minimum actual site fall distance,					
(Anchor point to arresting level/base):					
Is the minimum fall clearance adequate, is "e)" above is less than "f)"?					
5. Self Retracting Fall Arrest Devices					
Will you have a shock absorber between the fixed anchor point and the harness anchor?					
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